

# The Vitals for Nursing



**National Nurses Week** begins each year on **May 6th and ends on May 12th**, Florence Nightingale's birthday. These permanent dates enhance planning and position National Nurses Week as an established recognition event. As of 1998, May 8 was designated as **National Student Nurses Day**, to be celebrated annually. And as of 2003, **National School Nurse Day** is celebrated on the Wednesday within National Nurses Week (May 6-12) each year.

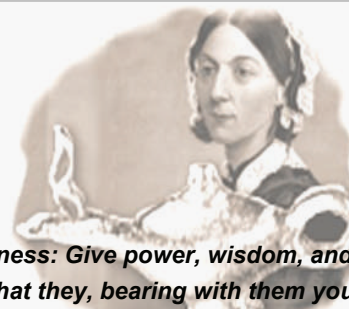
♥ Florence Nightingale was born in Florence on May 12, 1820 of upper-class English parents traveling through Italy, and named for Her native city. "Florence" was not an accepted first name at the time. Florence Nightingale died on August 13, 1910.

♥ Her Prayer ♥

*Life-giving God, who alone has power over life and death, over health and sickness: Give power, wisdom, and gentleness to those who follow the lead of your servant Florence Nightingale, that they, bearing with them your presence, may not only heal but bless, and shine as lanterns of hope in the darkest hours of pain and fear; through Jesus Christ, the healer of body and soul, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.*

♥ Her Pledge ♥

*I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.*



♥ **Dear Nurses** ♥

Nurses Week is the appropriate time for all nurses to take a quick look at our past and then turn all our energy and hopes to the future. Nurses Week is the time to celebrate our successes and examine the changes of the past year. GHS nurses have successfully embraced the future with the implementation of Omnicell, the new electronic medical records (EMR), our first "Nurse Social" sponsored by the Nurse Retention and Recruitment, and educational opportunities such as Wake AHEC Journals available for nurses at GHSnet to assist nurses with continuing education. Our next projects will be new IV pumps with medication titration and calculations, internet scheduling, electronic medication record, and bar coding. **WOW!!**

I asked a good nurse friend what were her thoughts regarding change. She told me, "I love change!! You do it first". I agree, the first step for successful change starts with each one of us. Thank you for a fantastic year!!!

♥ *Maria Calloway, RN, MSN, CNO* ♥

*Chief Nursing Officer*



Change your thoughts and you change your world.  
Norman Vincent Peale US clergyman (1898 - 1993)

**National Hospital Week May 11-17 2008**

The celebration of National Hospital Week (NHW) began in 1921 when a magazine editor suggested that more information about hospitals might alleviate public fears about the "shrouded" institutions of the day. From that beginning, Hospital Week expanded to facilities across the nation. Today, through promotion and participation, National Hospital Week has grown into the nation's largest health care event.

The nation's most traditional health care event unites hospitals, health care workers and communities from coast to coast, building enthusiasm and pride in the giving nature of care. Today, according to the American Hospital Association's Hospital Statistics, nearly 6,000 hospitals and over five million dedicated staff members serve as beacons of hope in their communities.



♥ Winners for the Week ♥

♥

Sunday (Pins)	Theresa Blackwell
Monday (Mix n' Match)	Barbette Carey
Tuesday (White Day)	Curt Pegram
Wednesday (Hat Day)	All Staff
Thursday (Colors Day)	All Staff
Friday (Tee-Shirt Day)	Specially Clinic

Thanks for all that participated in our 1st Spirit Week at GHS. *The R & R Committee*

♥

**SPiRiT WEEK April 20-26, 2008**