

The Vitals for Nursing



Granville Health System has chosen **Dorothea Elizabeth Orem's Nursing practice Model.**

Her nursing model states: Person (client/patient) self-care deficits are the result of environmental situations. This nursing model is client centered.

Three systems exist within this professional nursing practice model.

1. Compensatory systems- nurse provides total care.
2. Partially compensatory systems- nurse and patient share responsibility for care.
3. Educative-development systems- client has primary responsibility for personal health, with nurse acting as a consultant.



Self-care is a universal requirement for sustaining and enhancing life and health. Competence in self-care determines quality of life and has an impact on longevity. Nurses assist clients to achieve competence in self-care. Health education informs, motivates, and helps people adopt healthful life styles. Self-care: "activities initiated or performed by an individual, family, or community to achieve, maintain or promote maximum health."



Need some help with back to school expenses? Then follow the directions below.....

WIN UP TO \$300 DOLLARS

We are looking for a mission and vision statement, for the nursing departments based on the frame work (Dorothea Orem's self-care model).

FOR EXAMPLE: MISSION STATEMENT

OUR MISSION IS TO PROMOTE THE HEALTH AND WELL BEING OF PEOPLE IN OUR NEIGHBORING COMMUNITIES AND TO PROVIDE PREVENTIVE, DIAGNOSTIC AND THERAPEUTIC SERVICES.

FOR EXAMPLE: VISION STATEMENT

OUR VISION IS TO BECOME THE PREMIER HEALTH SYSTEM AND THE EMPLOYER OF CHOICE IN THE CAROLINA REGION.

THIS CONTEST IS OPEN TO ALL NURSES AND CNA'S, TO PROVIDE GHS WITH OUR OWN NEW MISSION AND VISION STATEMENTS. THE JUDGING WILL BE DONE BY THE DIRECTORS AND THE NURSING R&R TEAM. IT WILL BE JUDGED ON A POINT SYSTEM.

- UP TO 5 POINTS FOR CREATIVITY
- UP TO 10 POINTS FOR SUBSTANCE
- UP TO 5 POINT FOR SUITABILITY TO GHS
- UP TO 5 POINTS FOR ORIGINALITY
- FOR A TOTAL OF 25 POINTS



THE WINNER OF THE MISSION STATEMENT WILL RECEIVE A BACK TO SCHOOL BASKET WITH A GIFT CARD FOR \$150. THE SAME JUDGING WILL BE USED FOR THE VISION STATEMENT AND THE WINNER WILL RECEIVE A BACK TO SCHOOL BASKET WITH A GIFT CARD OF 150.00 DOLLARS.

THE CONTEST WILL BEGIN JUNE 15TH AND WILL END AUGUST 8TH. WINNERS WILL BE ANNOUNCED AUGUST 15, 2008. TURN IN ALL STATEMENTS TO: Brenda Whitlock in Education, Stacey Cottrell in ED, Wendy Keeton in OB or Nicole Sievert in OPS,



FYI THESE STATEMENTS WILL BE USED AS THE BASIS OF OUR CLINICAL LADDER.



What is C. diff?

Clostridium difficile (C. diff) is a spore-forming gram-positive anaerobic bacillus that is normally found in the intestines. Overgrowth of these bacteria can cause diarrhea and more serious intestinal conditions such as colitis (inflammation of the large intestine). It can be life-threatening.

According to the CDC, C. diff-associated disease (CDAD) appears to be increasing rapidly in the United States, and is disproportionately affecting older persons. CDAD is a major cause of hospital-associated diarrhea worldwide, and the CDC estimates it affects as many as 500,000 people each year in the US.

What are the symptoms?

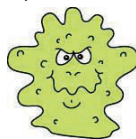
The symptoms of C. diff disease include watery diarrhea (at least 3 watery bowel movements per day for 2 or more days), fever, loss of appetite, nausea, abdominal pain/tenderness and abdominal cramping.

What Should I do?

The C. diff bacteria are found in the feces. The bacteria are spore-forming which makes them more difficult to eliminate than other bacteria. People can become infected if they touch items or surfaces that are contaminated with feces or the spores and then touch their mouth or mucus membranes. Because it forms spores, it cannot be killed with alcohol or traditional cleaning products.

You can do the following to reduce the chance of spread to others:

- Wash hands with soap and water, especially after using the restroom and before eating. The friction of the physical act of hand washing will remove the spores from your hands. Alcohol based foams and gels (Purell) will NOT remove the spores.
- Clean surfaces in bathrooms, kitchens and other areas on a daily basis with a solution of 1 cup of bleach to 10 cups of water. You must mix this solution daily.
- Do not share the toilet with a person with the C. diff disease. If this is not possible to do, then wipe the toilet seat and handle with the bleach solution after use by the person with the C. diff disease.
- Patients in the hospital that have watery diarrhea should be placed on Contact Precautions for the duration of the diarrhea. Due to bleach being a respiratory irritant, cleaning with the 1:10 solution of bleach should take place when the patient has been discharged, or after the diarrhea has resolved and the patient can be moved to a different room (terminal cleaning).



Give quality patient care and customer service:

Don't let your incentive bonus walk away.



- *Answer call bells quickly
- *Follow-up any teaching
- *Use good telephone manners
- *Call patients by their name
- *Use a calm tone when speaking to patients
- *Explain new medications: reason for, side effects and adverse reactions.
- Always ask the patient: *Have I explained in a way that you understand?"*

